

Other Leaflets available:



To enquire on a product call us now on

051 337016

Catalogues with over 2600 adaptive aids available at the shop

Your Personal Independent Support Team

Ability Matters is an innovative company comprising of a rehabilitation clinic, showroom and shop for daily living aids. We can provide the necessary equipment and adaptive devices to increase your independence at home. We have fully trained product specialist to assess your needs, offer expert advice and back up service if required.

Ability Matters can offer assessments with our orthotist, prosthetist and physiotherapist providing a full range of rehabilitation in our state of the art clinic.

In our shop, we stock a wide range of products including Mobility Scooters, Electric Beds, Riser Recliner Chairs and Wheelchairs. Telephone us to arrange a consultation with one of our specialists or just drop in for a free scooter test drive, product use training or general advice.

Please call us on

051 337016

01 8210600

To find out how we can help improve your quality of life.



LIVING WITH ARTHRITIS

Types of Arthritis

The most common form of arthritis is Osteoarthritis (OA). OA causes damage to cartilage, the strong, smooth surface that lines the bones and therefore prevents joints to moving easily, causing friction. It can often result in bony growths developing around the edge of the joints called osteophytes and mild inflammation of the tissues around the joints called synovitis. OA occurs more frequently, but not exclusively, in weight bearing joints such as hips, knees and ankles and so is known commonly as 'wear and tear'.

Rheumatoid arthritis is an autoimmune disease: your immune system, which usually fights infection, attacks the cells that line your joints, making them swollen, stiff and painful. Hands, feet and wrists are commonly affected, but it can also damage other parts of the body. Sometimes, symptoms only cause mild discomfort. At other times, they can flare up and be very painful, making it difficult to move around and do everyday tasks.

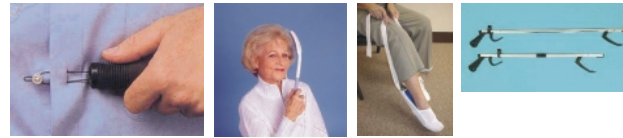


Adaptive Equipment

Using adaptive equipment can help reduce stress on your joints, help manage fatigue and promote your independence. People with arthritis can find it difficult to carry out daily chores such as dressing, cleaning, cooking and working. Adaptive aids help protect your joints during periods of inflammation and increase your independence carrying out activities of daily living.

Option one: Dressing Aids

Good Grips Button Hook, Long Handled Hair Brush, Terry Cloth Sock Aid, Easy Reacher - € 50



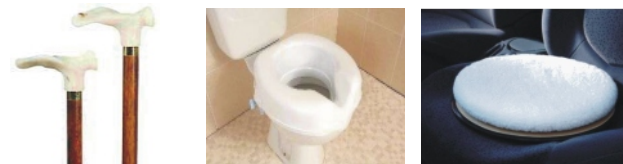
Option Two: Kitchen Aids

Jug Kettle Tipper, Easi-Grip Kitchen Cutlery (x1), Dycem Jar Opener, Tap Turners - € 55



Option Three: Movement and Resting Aids

Arthritis Grip Walking Stick, Raised Toilet Seat, Deluxe Car Swivel Seat - € 73



Or alternatively if you want to purchase an item individually...

Code	Item	Price
Pr55028	Long Handled Shoe Horn	€ 4
Pr 60208	Easy Reacher	€ 9
Pr 55020	Good Grips Button Hook	€ 11
Pr 45038	Long handle Bath Kit	€ 22
Pr 55032	Bra Angel	€ 26
Pr 55005	Terry Cloth Sock Aid	€ 15
Pr 45014	Long Handled Hair Brush	€ 19
Pr 50914	4" Raised Toilet Seat	€ 26
Pr 60072	Jug Kettle Tipper	€ 17
Pr 60266	Perching Stool	€ 53
Pr 60268	Kitchen Trolley	€ 99
Pr 46041	Bath Board	€ 34
Sp 44933	4" Seat Raiser cushion	€ 18
Pr 50500	Toilet Frame and Raised Seat	€ 130
Pr 45724	Standard 24" Grab Rail	€ 15
Pr 30283	Four Wheeled Walker with Seat	€ 102
Pr 41021	Car Swivel Seat Deluxe	€ 25
Pr 65591	Easy Grip Kitchen Tools	€ 13
Pr 60222	Adjustable foot stool	€ 33
L65687	High Back Orthopaedic Chair	€ 335
Ff 17598	'V' Nursing Pillow	€ 33
PR30107	Arthritis Grip Walking Stick	€ 25
PR60075	Ez Squeeze one-handed can opener	€ 28
PR61627	Dycem Jar Opener	€ 6
Pr 43364	Tap Turners	€ 22